



Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences

BEST PRACTICE I : "SEVA SaHYOG"

SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING & PARAMEDICAL SCIENCES
SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING
Affiliated to: Maharashtra University of Health Sciences, Nashik.
Recognised by: Indian Nursing Council, Maharashtra Nursing Council
MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019) NAAC B+ Grade (2022)

SEVA MANDAL EDUCATION SOCIETY	LOCAL MANAGING COMMITTEE	MEMBERS	INVITEE
President Dr. Dilip R. Trivedi	Chairman Shri Pravin G. Shah	Dr. Shilpa P. Chaturvedi CDR (Retd.) J.C. Sharma Ms. Pooja Galla	Ms. Deepshikha Mahesh (Guest)
Chairman Dr. Dilip R. Trivedi	Vice Chairman Dr. Shantam M. Patil	Secretary Mrs. Shilpa Shergar	
	Secretary Shri Rajiv Shah	Career Dr. Latha Choudhary	

OTHER COURSES
General Nursing & Midwifery (Proposed)
Auxiliary Nurse midwife
Transplant coordinator certificate course

SKILL COURSES
ECG technician
CSD Technician
Radiology Technician
Lab assistant
Dialysis assistant
Cath Lab assistant

Date: 29th March 2023

Ref.No: 594

To
The Management,
Shree Manav Seva Sangh,
Matunga,
Mumbai-19.

Subject- Regarding execution of health activities as decided in MOU

Respected Madam / Sir,
Greetings of the day!

On behalf of SMES Smt. Sunanda Pravin Gambhirchand Institute of Nursing & Paramedical sciences, Matunga, Mumbai, as decided in the MOU, we would like to conduct health activities like basic health check-up, health education, nursing care procedures and entertainment program to old age inmates and orphanage children through our nursing students.

We believe, this activity will provide great benefit for the geriatric inmates, orphanage children and our students too.

P.T.O.

Handwritten signatures and dates:
- 06/04/23
- 06/04/23
- 6/4/23

Website: www.smescon.in Email Id: smes6127003@gmail.com Phone No: 8097707388
Address: Smt. Parmeshwari Devi Gordhandas Garodia Educational Complex, 338, R.A. Kidwai Road, Matunga, Mumbai- 400019
Supported Clinically by Smt. S.R. Mehta & Sir K.P. Cardiac Institute



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

Attaching herewith the activity list for the first five months.

Sr.no	Month	Activity	Beneficiary
1	March 1 st week	<ul style="list-style-type: none"> • General health check-up • Basic Yoga and Exercise • Entertainment activity 	Geriatric inmates
	3 rd week	Orphanage: <ul style="list-style-type: none"> • General health check-up • Health education Entertainment activity	Orphanage children
2	April 1 st week	Old age home: <ul style="list-style-type: none"> • General health check-up • Health education • Entertainment activity 	Geriatric inmates
	3 rd week	Orphanage: <ul style="list-style-type: none"> • General health check-up • Health education • Entertainment activity 	Orphanage children
3	May 1 st week	Old age home: <ul style="list-style-type: none"> • General health check-up • Health education • Basic Yoga and Exercise • Entertainment activity 	Geriatric inmates
	3 rd week	Orphanage: <ul style="list-style-type: none"> • General health check-up • Health education and Demo • Entertainment activity 	Orphanage children
4	June 1 st week	Old age home: <ul style="list-style-type: none"> • General health check-up • Health education • Yoga and Exercise • Entertainment activity 	Geriatric inmates
	3 rd week	Orphanage: <ul style="list-style-type: none"> • General health check-up • Health education and Demo • Entertainment activity 	Orphanage children
5	July 1 st week	Old age home: <ul style="list-style-type: none"> • General health check-up • Health education • Yoga and Exercise • Entertainment activity 	Geriatric inmates
	3 rd week	Orphanage: <ul style="list-style-type: none"> • General health check-up • Yoga and Exercise • Health education and Demo • Entertainment activity 	Orphanage children

Thanking you

Activity Coordinator- Ms. Neswari Fernando
9821544998


Principal
 Smt. Sunanda Pravin Gambhirchand
 College of Nursing
 338, R. A. Kidwai Road,
 Matunga, Mumbai - 400019





**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

GERIATRIC HEALTH CARD



**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING**

GERIATRIC HEALTH CARD

Name-

Age / Sex-

Past medical and surgical history-

General health condition:

Date						
BP						
Pulse						
Respiration						
Weight						
RBS						
Urine sugar						
Present Complaints						
Referral if any						

Activities carried out by college

Nursing Care						
Health education						
Cultural Activity						
Remark						
Sign						

Website: www.smescon.in Email Id: smes6127003@gmail.com Phone No: 022-24095792/ 24024585
Address: Smt. Parmeshwari Devi Gordhandas Garodia

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**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

List of Health care activities at Old Age Home

S.NO	DATE	PARTICIPANTS	BENEFICIARIES
1	16.02.23	6 students from 4 th year B.B.Sc Nursing with 2 lecturers	20
2	15.04.23	10 students from 3 rd year B.B.Sc Nursing with 1 lecturer	30
3	13.05.23	10 Students from 2 nd ANM year Nursing with 1 lecturer	20

Health care activities at Old Age Home

DATE: 16/02/2023 AT 10.30 AM TO 11.30 AM

VENUE: SHRI MANAV SEVA SANGH, 5RD FLOOR, MATUNGA, MUMBAI.

PARTICIPANTS: 4TH YEAR B.B.SC NURSING

**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING &
PARAMEDICAL SCIENCES**

**ORGANIZES HEALTH RELATED PROGRAMMES TO
GERIATRIC INMATES**

**VENUE: SHRI MANAV
SEVA SANGH,
5TH FLOOR, MATUNGA.
DATE: 16.02.23
TIME: 10.30 Am to
11.30Am**

**MS. SHILPA SHETTIGAR
PRINCIPAL**

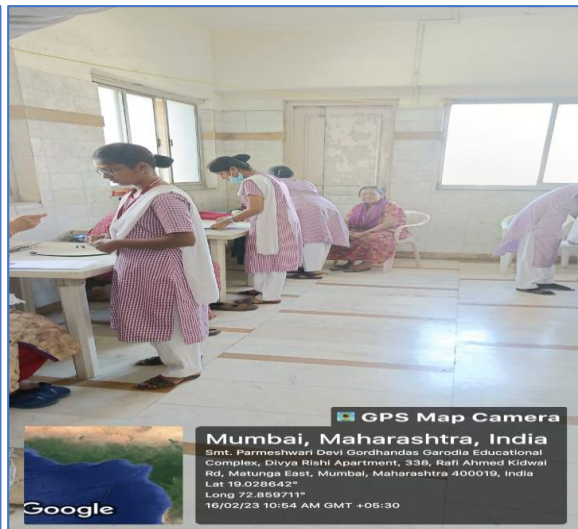
**MS. DELPHINA GURAV
VICE-PRINCIPAL**

**PROGRAM COORDINATORS
MS. TEJASVI
Ms. NESWARI FERNANDO
MS. GREESHMA MINESH**



Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand Institute of Nursing & Paramedical Sciences

Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College Of Nursing had organized health related programmes to geriatric inmates at Shri Manav Seva Sangh, Matunga on 16th February, 2023 from 10.30 am to 11.30 am. Two teachers Mrs. Tejasvi Pavaskar and Mrs. Greeshma Minesh along with 6 fourth year basic bsc. nursing students visited Shri Manav Seva Sangh old age home on 16th February 2023. Health programme was arranged on 5th floor of old age home building which includes history collection, filling health card and checking basic vital signs. Ms. Shweta madam and Ms. Madhu madam incharges at old age home co-operated and co-ordinated us for this programme. Programme was successfully completed for 20 old age inmates.



Sunanda Pravin Gambhirchand
Principal
Smt. Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road,
Matunga, Mumbai - 400 019.



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

REPORT ON OLD AGE HOME- HEALTH RELATED AND ENTERTAINMENT PROGRAM

Date and Day: 13.04.2023

Venue: 6th Floor, Manav Seva Sangh, Matunga-19

Beneficiaries: 30 geriatric inmates.

FLYER OF THE PROGRAM

**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING &
PARAMEDICAL SCIENCES**

**ORGANIZES HEALTH RELATED AND ENTERTAINMENT
PROGRAMMES TO GERIATRIC INMATES**

VENUE: SHRI
MANAV SEVA
SANGH, 5TH FLOOR,
MATUNGA.
DATE: 13.04.23
TIME: 10Am to12
Pm

**MS. SHILPA SHETTIGAR
PRINCIPAL**

**MS. DELPHINA GURAV
VICE-PRINCIPAL**


**PROGRAM COORDINATOR
Ms. NESWARI FERNANDO**

The Seva Mandal Education Society's Smt.Sunanda Pravin Gambhirchand College of Nursing organised a health related and entertainment programmes to Geriatric Inmates at 6th Floor, Manav Seva Sangh,, Matunga, on 13.04.2023 from 10am to 12pm.



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Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

PROGRAM COPY

 SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING & ANM SCHOOL OF NURSING		
PROGRAM COPY		
Time	Event	Responsibility
10.00 am	Introduction	Ms.Neswari Fernando
10.05am – 11.00 am	Health Checkup	3 rd year B.B.Sc Students
11.05am – 12.00 N	Entertainment Programme	3 rd year B.B.Sc Students
12.05 Pm	Vote of thanks	Ms.Trisha Sitap

PROCEEDINGS OF THE PROGRAM

The programme began at 10.00 am on 13.04.2023 at Manav Seva Sangh, 6th Floor, Matunga by 3rd year basic B.Sc. Nursing Students with the guidance of Ms. Neswari Fernando-Lecturer. There were 30 Geriatric Inmates who actively participated.





Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand Institute of Nursing & Paramedical Sciences



INTRODUCTION

Introduction about the organizers and about the details of programmes were explained by Ms. Neswari Fernando- Lecturer SMES SSPG College of Nursing.

HEALTH CHECK-UP:

Health related activities includes obtaining their identification data, past medical and surgical history, present complaints if any, checking their body weight and vital parameters had been carried out.





**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

ENTERTAINMENT ACTIVITIES:

Memory game-

7 items for a minute were showed and the inmates were encouraged to recollect and convey the 7 items after 10 mts. Another game was passing the Parcel. All the Geriatric inmates participated interestingly and enjoyed well. Most of them actively sang the song, cracked Jokes.

Dance: there was a dance performed by our students.





**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

VOTE OF THANKS

Vote of thanks was proposed by Ms. Trisha Sitap. Third year student of SMES SSPG CON. She thanked all the management members for giving us opportunity to conduct the program, Madhu madam, Shweta sister for their help and all the Geriatric inmates for their active participation. Distributed biscuits to all at the end.



FEED BACK:



Feedback was given by most of the inmates. They expressed their gratitude, their happiness and enjoyment, also desired many program like this in future.



Sunanda Pravin Gambhirchand
Principal
Smt. Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road,
Matunga, Mumbai - 400 019.



Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences

REPORT ON OLD AGE HOME- HEALTH RELATED AND ENTERTAINMENT PROGRAM

Date and Day: 13.04.2023

Venue: 6th Floor, Manav Seva Sangh, Matunga-19

Beneficiaries: 30 geriatric inmates.

FLYER OF THE PROGRAM

SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING &
PARAMEDICAL SCIENCES

**ORGANIZES HEALTH RELATED AND ENTERTAINMENT
PROGRAMMES TO GERIATRIC INMATES**

VENUE: SHRI
MANAV SEVA
SANGH, 5TH FLOOR,
MATUNGA.
DATE: 13.05.23
TIME: 10Am to 12
Pm

**MS. SHILPA SHETTIGAR
PRINCIPAL**

**MS. DELPHINA GURAV
VICE-PRINCIPAL**

**PROGRAM COORDINATOR
Ms. NESWARI FERNANDO**

The Seva Mandal Education Society's Smt.Sunanda Pravin Gambhirchand College of Nursing organised a health related and entertainment programmes to Geriatric Inmates at 6th Floor, Manav Seva Sangh,, Matunga, on 13.05.2023 from 10am to 12pm.



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

PROCEEDINGS OF THE PROGRAM

The programme began at 10.00 am on 13.04.2023 at Manav Seva Sangh, 6th Floor, Matunga by 3rd year basic B.Sc. Nursing Students with the guidance of Ms. Neswari Fernando- Lecturer. There were 15 Geriatric Inmates who actively participated.



INTRODUCTION



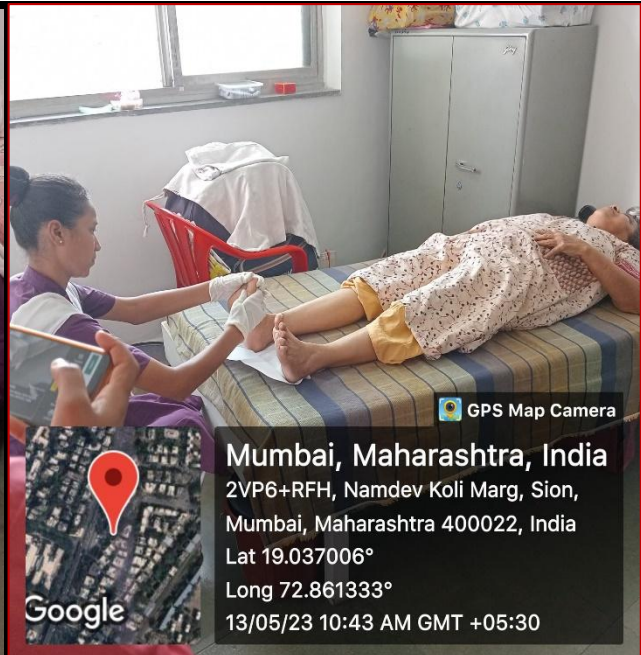
Introduction about the organizers and about the details of programmes were explained by Ms. Kanika, II year student from SMES SSPG College of Nursing.



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HEALTH RELATED ACTIVITY:

FOOT MASSAGE: Health related activities includes foot care and Foot massage to very old and Diabetes mellitus inmates also delivered health education regarding the same.





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ENTERTAINMENT ACTIVITIES:

Picking up the articles-

4 items were kept on each chair kept in 2 rows. 2 inmates at a time Inmates were asked were showed and the inmates were encouraged to recollect and convey the 7 items after 10 mts. Another game was passing the Parcel. All the Geriatric inmates participated interestingly and enjoyed well. Most of them actively sang the song, cracked Jokes.

Dance: there was a dance performed by our students.




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Institute of Nursing & Paramedical Sciences**

**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING
& PARAMEDICAL SCIENCES**



SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING
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MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019) NAAC B+ Grade (2022)

SEVA MANDAL EDUCATION SOCIETY		LOCAL MANAGING COMMITTEE				MEMBERS		INVITEE
President Dr. Dilip R. Trivedi	Chairman Shri Pravin G. Shah	Chairman Dr. Bharat M. Patil	Vice Chairman Shri Rajiv Shah	Secretary Mrs. Shilpa Shetgar	Convener Dr. Latha Choudhary	Dr. Shilpa P. Chavhan	CDR (Retd.) J.C. Sharma	Mrs. Dimple Mahesh Gaur
						Ms. Pooja Galla		

OTHER COURSES

General Nursing & Midwifery
(Proposed)

Auxiliary Nurse midwife

Transplant coordinator
certificate course

SKILL COURSES

ECG technician

USD Technician

Radiology Technician

Lab assistant

Dialysis assistant

Cath Lab assistant

Ref.No: 594

Date: 29th March 2023

To

The Management,
Shree Manav Seva Sangh,
Matunga,
Mumbai-19.

Subject- Regarding execution of health activities as decided in MOU

Respected Madam / Sir,

Greetings of the day!

On behalf of SMES Smt. Sunanda Pravin Gambhirchand Institute of Nursing & Paramedical sciences, Matunga, Mumbai, as decided in the MOU, we would like to conduct health activities like basic health check-up, health education, nursing care procedures and entertainment program to old age inmates and orphanage children through our nursing students.

We believe, this activity will provide great benefit for the geriatric inmates, orphanage children and our students too.

P.T.O.

Handwritten signature

*Accepted -
06/04/23*

*Neeraj Kulkarni
- 06/04/23*

*We need copy after the copyrite
Penno. from on incharge.*

*Nayana Mahesh
6/4/23*




**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

Attaching herewith the activity list for the first five months.

Sr.no	Month	Activity	Beneficiary
1	March 1 st week	<ul style="list-style-type: none"> • General health check-up • Basic Yoga and Exercise • Entertainment activity 	Geriatric inmates
	3 rd week	Orphanage: <ul style="list-style-type: none"> • General health check-up • Health education Entertainment activity	Orphanage children
2	April 1 st week	Old age home: <ul style="list-style-type: none"> • General health check-up • Health education • Entertainment activity 	Geriatric inmates
	3 rd week	Orphanage: <ul style="list-style-type: none"> • General health check-up • Health education • Entertainment activity 	Orphanage children
3	May 1 st week	Old age home: <ul style="list-style-type: none"> • General health check-up • Health education • Basic Yoga and Exercise • Entertainment activity 	Geriatric inmates
	3 rd week	Orphanage: <ul style="list-style-type: none"> • General health check-up • Health education and Demo • Entertainment activity 	Orphanage children
4	June 1 st week	Old age home: <ul style="list-style-type: none"> • General health check-up • Health education • Yoga and Exercise • Entertainment activity 	Geriatric inmates
	3 rd week	Orphanage: <ul style="list-style-type: none"> • General health check-up • Health education and Demo • Entertainment activity 	Orphanage children
5	July 1 st week	Old age home: <ul style="list-style-type: none"> • General health check-up • Health education • Yoga and Exercise • Entertainment activity 	Geriatric inmates
	3 rd week	Orphanage: <ul style="list-style-type: none"> • General health check-up • Yoga and Exercise • Health education and Demo • Entertainment activity 	Orphanage children

Thanking you

Activity Coordinator- Ms. Neswari Fernando
9821544998


Principal
 Smt. Sunanda Pravin Gambhirchand
 College of Nursing
 338, R. A. Kidwai Road,
 Matunga, Mumbai - 400019





Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences

LIST OF HEALTH AND ENTERTAINMENT RELATED PROGRAM TO ORPHANAGE CHILDREN

S.NO	DATE	PARTICIPANTS	BENEFICIARIES
1	15.04.23	12 students Students from 2 nd ANM year Nursing with 1 lecturer	30 Children
2	13.05.23	12 students Students from 2 nd ANM year Nursing with 1 lecturer	42 Children




Principal
Smt. Sunanda Pravin Gambhirchand
College of Nursing
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Matunga, Mumbai - 400 019.



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Institute of Nursing & Paramedical Sciences**



**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND
COLLEGE OF NURSING**

GERIATRIC HEALTH CARD

Name-

Age / Sex-

Past medical and surgical history-

General health condition:

Date						
BP						
Pulse						
Respiration						
Weight						
RBS						
Urine sugar						
Present Complaints						
Referral if any						

Activities carried out by college

Nursing Care						
Health education						
Cultural Activity						
Remark						
Sign						

Website: www.smescon.in Email Id: smes6127003@gmail.com Phone No: 022-24095792/ 24024585
Address: Smt. Parmeshwari Devi Gordhandas Garodia

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**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

REPORT ON ORPHANAGE - HEALTH RELATED AND ENTERTAINMENT PROGRAM

Date and Day: 15.04.2023

Venue: 1ST Floor, Manav Seva Sangh, Matunga-19

Beneficiaries: 29 Orphanage children.

Participants: 2nd year Students with 2 staff

FLYER OF THE PROGRAM

**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING &
PARAMEDICAL SCIENCES**

**ORGANIZES HEALTH RELATED AND ENTERTAINMENT PROGRAMMES TO
ORPHANAGE CHILDREN**

ORPHANAGE

VENUE: SHRI
MANAV SEVA
SANGH, 1ST
FLOOR,
MATUNGA.
DATE: 15.04.23
TIME: 10Am to12
Pm

**MS. SHILPA SHETTIGAR
PRINCIPAL**

**MS. DELPHINA GURAV
VICE-PRINCIPAL**

**PROGRAM COORDINATOR
Ms. NESWARI FERNANDO**

The Seva Mandal Education Society's Smt.Sunanda Pravin Gambhirchand College of Nursing organised a health related and entertainment programmes to Orphanage children at 1ST Floor, Manav Seva Sangh,, Matunga, on 15.04.2023 from 10am to 12pm.



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Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

PROGRAM COPY

SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING & PARAMEDICAL SCIENCES		
PROGRAM COPY		
TIME	EVENT	RESPONSIBILITY
10.00AM	INTRODUCTION	MS. HARSHA 2 ND YEAR STUDENT
10.05 AM- 11.15AM	HEALTH CHECK-UP	2 ND YEAR STUDENTS
11.20AM-12.30	ENTERTAINMENT PROGRAM	2 ND YEAR STUDENTS
12.35 PM	VOTE OF THANKS	MS.NAJANIN 2 ND YEAR STUDENT

PROCEEDINGS OF THE PROGRAM

The programme began at 10.00 am on 15.04.2023 at Manav Seva Sangh, 1st Floor, Matunga by 2nd year Nursing Students with the guidance of Ms. Neswari Fernando- Lecturer and Ms. Swati Patil- Clinical Instructor. There were 29 children age between 5-10 years who actively participated.



Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand Institute of Nursing & Paramedical Sciences



INTRODUCTION

Introduction about the organizers and about the details of programmes were explained by Ms. Harshada- II year student, SMES SSPG College of Nursing.

HEALTH CHECK-UP:

Health related activities includes obtaining their identification data, past medical and surgical history, present complaints if any, checking their anthropometric measurements, Head to toe examination and vital parameters had been carried out.



ENTERTAINMENT ACTIVITIES:

Memory games 7 items for a minute were showed and the children were encouraged to recollect and convey the 7 items after 10 mts. Another game was passing the Parcel. Children



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

were very energetic, participated interestingly and enjoyed well. Most of them actively sang the song.

Dance: there was a dance performed by our students.





**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**



VOTE OF THANKS

Vote of thanks was proposed by Ms.Najanin. Second year student of SMES SSPG CON. She thanked all the management members for giving us opportunity to conduct the program, Ms.Jeyashree, Ms.Bhavana for their help and all the children for their active participation. Distributed biscuits to all at the end



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**



Sunanda Pravin Gambhirchand
Principal
Smt. Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road,
Matunga, Mumbai - 400 019.

**REPORT ON ORPHANAGE -
HEALTH RELATED AND ENTERTAINMENT PROGRAM**



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

Date and Day: 15.05.2023

Venue: 1ST Floor, Manav Seva Sangh, Matunga-19

Beneficiaries: 42 Orphanage children.

Participants: 12 students of 2nd year ANM Nursing

FLYER OF THE PROGRAM

**SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING &
PARAMEDICAL SCIENCES**

**ORGANIZES HEALTH RELATED AND ENTERTAINMENT PROGRAMMES TO
ORPHANAGE CHILDREN**

ORPHANAGE

VENUE: SHRI
MANAV SEVA
SANGH, 1ST FLOOR,
MATUNGA.
DATE: 15.05.23
TIME: 10Am to 12
Pm

**MS. SHILPA SHETTIGAR
PRINCIPAL**

**MS. DELPHINA GURAV
VICE-PRINCIPAL**

**PROGRAM COORDINATOR
Ms. NESWARI FERNANDO**

The Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursing organised a health related and entertainment programmes to Orphanage children at 1st Floor, Manav Seva Sangh,, Matunga, on 15.05.2023 from 10am to 12pm.

PROCEEDINGS OF THE PROGRAM

The programme began at 10.00 am on 15.04.2023 at Manav Seva Sangh, 1st Floor, Matunga by 2nd year Nursing Students with the guidance of Ms. Neswari Fernando- Lecturer. There were 42 children age between 11-14 years who actively participated.



Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand Institute of Nursing & Paramedical Sciences



INTRODUCTION

Introduction about the organizers and about the details of programmes, health checkups were explained by Ms. Neswari Fernando- Lecturer. SMES SSPG College of Nursing.





**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

VOTE OF THANKS



Vote of thanks was proposed by Ms.Harsha. Second year student of SMES SSPG CON. She thanked all the management members for giving us opportunity to conduct the program, Ms.Jeyashree, Ms.Bhavana for their help and all the children for their active participation. Distributed biscuits to all at the end.



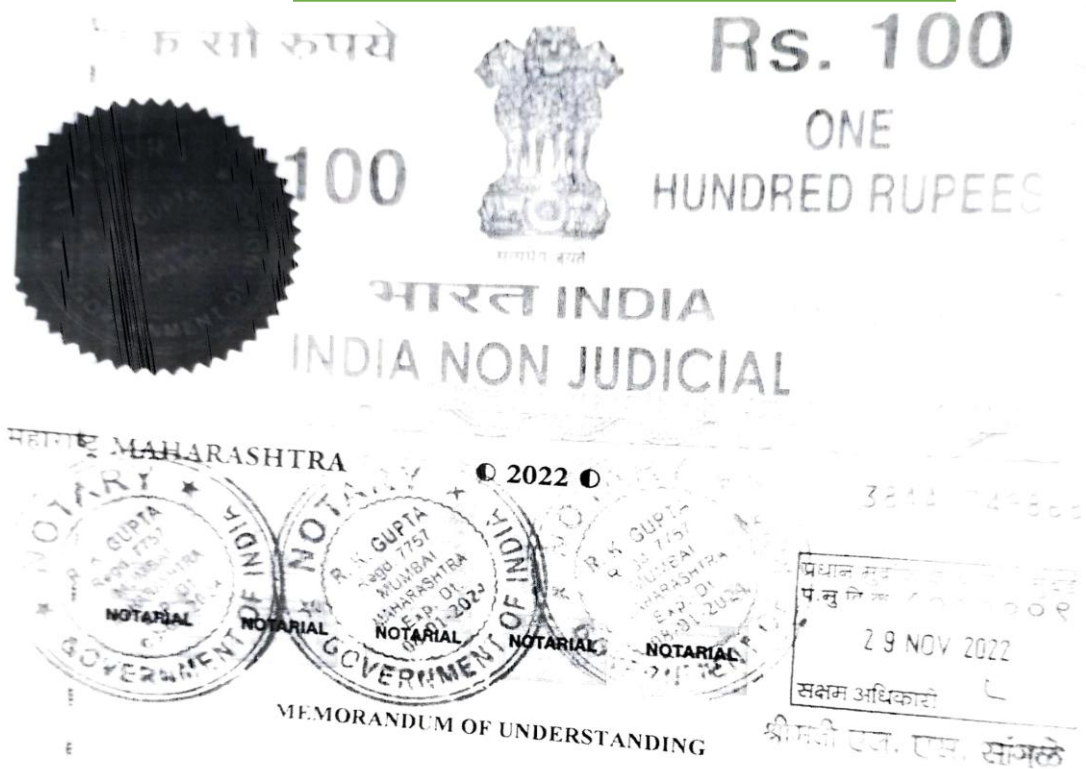
Sunanda Pravin Gambhirchand
Principal
Smt. Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road,
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Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences

SCHOOL HEALTH ACTIVITIES AT M.P.BHUTA SCHOOL

MOU WITH M.P.BHUTA SCHOOL



MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding ("MOU") is made on 10th day of December 2022 and valid until infinite period unless other of the party dissolves the same.

Smt. Sunanda Pravin Gambhirchand Institute of Nursing and Paramedical Sciences, College of Nursing, affiliated to Maharashtra University of Health Science and recognized by Indian & Maharashtra Nursing Council having its registered address as Smt. Parmeshwari Devi Gordhandas Garodia Educational Complex, 338, Rafi Ahmed Kidwai Road, Matunga (East), Mumbai - 400 019

Smt. Sunanda Pravin Gambhirchand Institute of Nursing is considered as first part


AND

First M.P. Bhuta Smt. Saravanank High School, Abhimandan Swami Jain Mandir Road, No. 25, Rd Number 24B near Lion Tarachand Hospital, Sion West, Sion, Mumbai, Maharashtra 400022 and is considered as part two

P.T.O



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**


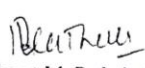
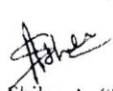
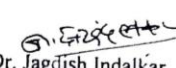
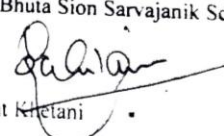

 7 DEC 2022
 M.O.U.



The Memorandum of Understanding has been made and agreed upon by part one and part two as above with the following terms and conditions.

The part one in view of extending the quality project of the college, in fulfilling the social responsibility will provide the following facilities to the part two.

- ✓ Conduct various health related programmes for the school Children
- ✓ Carry out physical assessment of the students
- ✓ Arrange health camps and health education for the students.
- ✓ Organize a bimonthly/ quarter monthly cultural event

The parties here have to signed the Memorandum of Understanding on this day of 10th December, 2022

 Dr. Dilip R. Trivedi President Seva Mandal Education Society	 Dr. Bharat M. Pathak, Hon. Secretary, SMES
 Mrs. Shilpa A. Shettigar Principal Smt. Sunanda Pravin Gambhirchand College of Nursing	 Dr. Jagdish Indalkar Principal Lion M.P.Bhuta Sion Sarvajanic School
	 Shri. Vasant Khetani Trustee Lion M.P.Bhuta Sion Sarvajanic School

JAGDISH INDALKAR
 HEADMASTER
 Lion M.P.Bhuta Sion Sarvajanic School
 Jain Society Sion (w), Mumbai: 400022



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

LIST OF ACTIVITIES AT M.P.BHUTA SCHOOL

S.NO	DATE	PARTICIPANTS	BENEFICIARIES
1	21.3.2023	76	436

REPORT ON SCHOOL HEALTH CAMP

Date an Day: 21.03.2023

Venue: M.P Bhuta School,

Beneficiaries: 436

The Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursingorganised a school health camp at M.P Bhuta School, Sion, on 21.03.2023 from 09.00 am to 01.00 pm.

PROCEEDINGS OF THE PROGRAM

The programme began at 09.00 am on 21.03.2023 at M. P Bhuta School, Sion by 4th Year Basic B.Sc. Nursing, 2nd year Nursing, 1st and 2nd Year ANM Students with the guidance of Mr. Prashant Tambe- Lecturer. There were 436 school children's who have benefited.



Introduction about the organizers and about the detailsof programmes were explained by Ms. Sakshi Baviskar, 4th year Basic B.Sc. Nursing student from



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Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

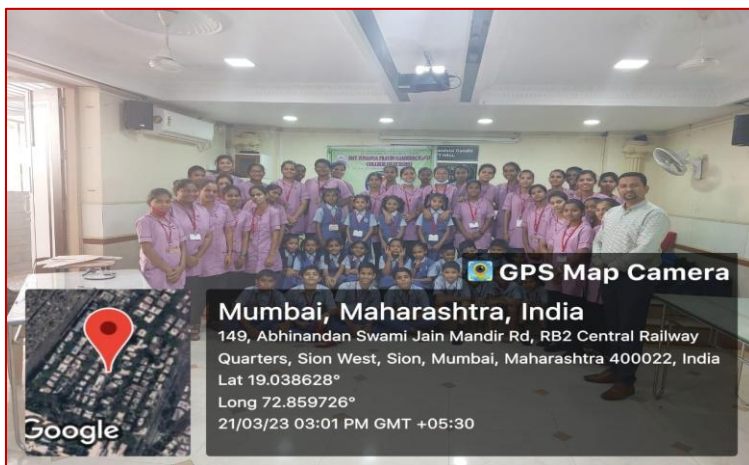
SMES SSPG College of Nursing. Matunga.



VOTE OF THANKS

Vote of thanks was proposed by Ms. Dhara Brahambhatt Final Year Basic B.Sc. Nursing student of SMES SSPG CON. She thanked all the management members for giving us opportunity to conduct the program, also thanks to Mr. Jagdish Indalkar (Principal) M.P Bhuta School , Sion for their help for their conducting the programme

FEED BACK:



Feedback was given by most of the inmates. They expressed their gratitude, their happiness and enjoyment.



Dhara Brahambhatt
Principal
Smt. Sunanda Pravin Gambhirchand
College of Nursing
338, P. A. Kidwai Road,
Matunga, Mumbai - 400 019.



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

NURSE LED CLINIC

**SMES SMT. SUNANDA PRAVIN
GAMBHIRCHAND COLLEGE OF
NURSING**

338, R.A. KIDWAI ROAD MATUNGA- 19

REGISTRATION BOOK

PERMISSION LETTER FOR HOSPITALITY ROOM



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

12:31:38 PM

Gmail - Fwd: List of Students for Health Check-up at Nurse Led Clinic



Neswari James <neswari.james@gmail.com>

Fwd: List of Students for Health Check-up at Nurse Led Clinic

1 message

Ashok Shettigar <ashokasmita@gmail.com>
To: Neswari James <neswari.james@gmail.com>

Tue, Feb 21, 2023 at 11:36 AM

----- Forwarded message -----

From: **Prof. Mala Pandurang** <mpandu@bmncollege.com>
Date: Tue, Feb 7, 2023 at 6:23 PM
Subject: Re: List of Students for Health Check-up at Nurse Led Clinic
To: SMES <smesedu@gmail.com>, Ashok Shettigar <ashokasmita@gmail.com>

Thank you very much for reaching out.
can we discuss this important initiative and how we can make students aware of the same?

On Tue, Feb 7, 2023 at 4:54 PM SMES <smesedu@gmail.com> wrote:
Dear Madam,

With reference to your Letter No.456 dated 03/02/2023 regarding Health Check-up at Nurse Led Clinic at 6th floor, hospitality room in 'D' wing, we are attaching the list of students of all the programs for the academic year 2022-23 as required by you.

Thanking you.

Regards,

Prof. Dr. Mala Pandurang
Principal
Dr. Bhanuben Mahendra Nanavati
College of Home Science
Matunga, Mumbai

--
Prof. D. Mala Pandurang
Principal
Dr. BMN College of Home Science
NAAC Re Accredited A+ with CGPA 3.69/4
UGC Status: College with Potential for Excellence
UGC recognised STRIDE Research Capacity Building Centre

This message send by- Google Apps on behalf of BMN College. So all the mails are spam and Virus Free (To our Knowledge). Any query regarding the same and violation of rules governed by BMN College., feel free to mail us at admin@bmncollege.com.

Pause before you Print! Remember the colour Green!



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Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

VALIDATION CERTIFICATE



**Lion Tarachand Bapa Hospital & Research Centre
C.U. Shah Medical Complex**
(A Charitable Hospital)

Lion Tarachand Bapa Hospital Marg, Jain Society, Sion (W), Mumbai - 400 022.
Tel. : 2404 4983 / 2404 4984 • Email : admin@liontarachandbapahospital.com



To whomsoever it may concern

),

This is to certify that I, Dr. Dhanashri S. Desai, jt. Managing Director - Lion Tarachand Bapa hospital & Research Centre, Sion, have validated the standard operating procedures adopted for running the Nurse led Clinic operated at Seva Mandal Education Society's, Smt. Sunanda Pravin Gambhirchand College of Nursing, Matunga-east, Mumbai. I declare that these procedures are safe and within the framework and scope of nursing and shall not have any harm in functioning.

Date: 7/12/2022

Place: Mumbai



Dr. Dhanashri S. Desai.
Jt. Managing Director.



Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences

OBTAINING STUDENT LIST

SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING
& PARAMEDICAL SCIENCES



SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING
Affiliated to: Maharashtra University of Health Sciences, Nashik.
Recognised by: Indian Nursing Council, Maharashtra Nursing Council
MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019) NAAC B+ Grade (2022)

OTHER COURSES

General Nursing & Midwifery
(Proposed)

Auxiliary Nurse midwife

Transplant coordinator
certificate course

SKILL COURSES

ECG technician

SSD Technician

Radiology Technician

Lab assistant

Dialysis assistant

Cath Lab assistant

REF NO.456

DATE:03/02/2023

To,

The Principal,

Dr.Bhanuben Mahendra Nanavati College of Home Sciences,

Matunga,

Mumbai-19

Sub: Obtaining list of students for Health Check-up at Nurse Led Clinic.


Respected Madam,

Greetings of the day,

This is to inform you that, Nursing College has been providing first aid services to entire campus of SMES. We have also created a 'Nurse Led Clinic' at 6th floor hospitality room in D-wing besides lift for the better quality services. This would be an innovative approach to provide yearly check-up and basic medical care in a timely manner to the staff and students in the whole campus with facility of bed, standard medications approved through a physician and referral services.

Hence, we would request you to provide us the details of students in each department under your college, so as to prepare a health card for all.

Thanking you
Yours Truly


Principal
Smt. Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road,
Matunga, Mumbai - 400019





**Seva Mandal Education Society's
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Institute of Nursing & Paramedical Sciences**

ADMISSION REGISTER

B No	Name of the patient g. Address	Age	Sex	Visit Date	Complaints	Physical Assessment	Treatment	Referral
1	Ms. Sanyali Dhaneshwari Kadfishkar 1st year B.Sc Nsg Student SMIES SSPG college of Nsg	19 years	F	4-11-22	cb dermatomous skin in last today head ache in left cough since 3 days H/o Pcod	Done BP - 110/70 HR - 72/min RR - 18/min	155 mg/dm ³ Glucose 100 mg/dl Lipid 100 mg/dl Urea 100 mg/dl Creatinine 100 mg/dl Hemoglobin 100 mg/dl Hematocrit 100 mg/dl Hematocrit	None
	Follow up on 13/11/2022							
2	Ms. Anandha yelke Hiranandani flat Thane 2nd year Mms Media B M N College Ph No - 740099030	21yrs	F	18-11-22	cb Road traffic accident Fall from 2 wheels pain in Lt elbow and Lt side head Felling Giddiness	Done BP - 110/70 Pulse - 82/min RR - 18/min	X ray Lt arm Csmo hand/ner paper T. Encephalogram kept T. Pan in ct	None
	Follow up on 24/11/22							
3	Kajal Harshan Sharma Room No. 1451, Kankarbhui Nagar, Dheeranji cross road Mumbai - 17 [Att: Yr B.Sc Nsg SMIES SSPG Cen]	21yrs	F	24-11-22	cb Nausea, Vomiting on left side since 5 days She is on ART	Done HR - 90/min Temp - 100.2	Thyroid SFT Lipid Urea Creatinine	Thyroid hospital
	Follow up on 24/11/22							



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Institute of Nursing & Paramedical Sciences**

LIST OF IN HOUSE STUDENTS TREATED

YEAR
2022 - 2023

Date	Particulars	Name of Std/ Faculty	Taken time	Received time	Sign.
01/08/2022	Tab. Crocin	Asmita Pawar	9:40am		<i>[Signature]</i>
	-11-	Komal Kamble	9:40am		<i>[Signature]</i>
03/08/2022	Tab. Paracetamol	Ms. Priyanka P.	1:40 PM	1:45 PM	<i>[Signature]</i>
5/8/22	Tab. Paracetamol	Ms. Samundhi	10:45 A		<i>[Signature]</i>
9/8/22	Tab. Nimesulid	Shubha	10:30.		<i>[Signature]</i>
12/8/2022	Tab. Pantop 40 mg	Ms. Puda M	10:45am		<i>[Signature]</i>
17/8/22	Tab. Nimesulid	Ms. Vedangi	2:35 pm		<i>[Signature]</i>
18/8/22	Tab. Meftal	Ms. Vishrani	2:00pm		<i>[Signature]</i>
24/8/22	Tab Pan 40	Ms. Shilpi M (Ext)	9:30am		<i>[Signature]</i>
24/8/22	Tab Nimesulide	Ayesha Shaikh (B.M.N)	10:30am		<i>[Signature]</i>
26/8/22	Tab Nimesulide pen	Preeti (B.M.N)	10:55am		<i>[Signature]</i>
26/8/22	Tab. Pam-40	Ms. Sharad Giramkar	01:04 pm	01:04 pm	<i>[Signature]</i>
26/8/22	Valini gel	Abhijeet. applied Arts	2:12 N		<i>[Signature]</i>
30/8/22	Isanti mane	Paracetamol	2:45 pm	2:45 pm	<i>[Signature]</i>
2/9/22	Paracetamol Intragesic	Preeti Shirsalkar	12:55p	12:33 p	<i>[Signature]</i>
2/9/22	Tab-paracetamol	Maleeka K.	3:12 pm	3:12 pm	<i>[Signature]</i>
5/9/22	Tab. paracetamol	Yoga chandekar	2:15 pm	2:15 pm	<i>[Signature]</i>



**Seva Mandal Education Society's
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Institute of Nursing & Paramedical Sciences**

Date	Particulars	Name of Staff/ Faculty	Taken time	Received time	Sign
7/9/22	Roller bandage (S)	Prajakta K (Finalist)	9am	-	[Signature]
7/9/22	Kinjal Singhvi	BMND Dept	9:05 P		[Signature]
8/9/22	Taniya Sayyed	Hot water Bag	1:00 Pm		[Signature]
10/9/22	Kanika Gavali	Gravipic and bitaidin solution	10:00 am		[Signature]
10/9/22	Priyanka Desai	Okacet	1 pm		[Signature]
18/9/22	Akshaya More	BP Machine	12:45 pm	12:50pm	[Signature]
19/9/22	Tab Nimmesulide	Priya Y (BCA Student)	10:30am	-	[Signature]
20/9/22	Pain relief gel	Shradha (FYBSc)	10:15am		[Signature]
26/9/22	Pain relief gel	Kaayna (FYBCA)	11:15am		[Signature]
26/9/22	BP Apparatus	Akshaya 2nd year ANM	2:15 Pm	2:20 Pm	[Signature]
2/10/22	Pantoprazol Tab.	Rajani Pandur	1:00 pm		[Signature]
08/10/22	Ease breathe	AB Shulpa	12:20 pm	12:20 pm	[Signature]
10/10/22	Cotton & Dettol lotion	Mohana 12th year NMP (MAY)	12:15 pm		[Signature]
10/10/22	Novuran gel	Ayesha M.Sc. CND	1:35 pm	1:40 pm	[Signature]
18/10/22	Chest cold lozenge	Nehal More FV ANM	10:30 am	-	[Signature]
19/10/22	Back pain	Rushali Kotian SYAA	4:32 pm		[Signature]
19/10/22	Fever/Tab PCM	Sumaiya (FV ANM) SSPGON	9:20 am		[Signature]
1/11/22	Hot water bag	Rajani J (FYBSc)	12:30 pm		[Signature]
4/11/22	Hot Water Bag	Khushi Bolke, F.Y.B.Sc	12:00 Pm		[Signature]
7/11/22	BP Apparatus	Akshaya more 2nd year ANM	8:30 am	8:40 am	[Signature]
7/11/22	Pantoprazol	Nikhil	1:30 pm		[Signature]



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

Year 2022-2023

Page No. /
Date / /

date	particulars	Name of std/ Faculty	Taken time	Received time	Sign
11/11/22	Tab- paraqip-500	Gauravi Pawar	10:30 AM	10:35 AM	Znawien
11/11/22	Tab Dici + Parai tamol	Sarvino mulla	12:06		Sameera
11/11/22	Tab-PCM	Masoom Sheikh	03:12 pm		A. Shailesh
15/11/22	Tab omnium	Priyanka	11:25 am		PS
15/11/22	Tab PCM	Yash (App Arts)	2:15 pm		PS
15/11/22	Tab PCM	Yogita (" " Bechmukh)	3:30 pm		PS
17/11/22	Teb kit	Ankita mam (MMP Shaw)	11 am		PS
21/11/22	Tab omnium	Priyanka	11:30 am		PS
24/11/22	Tab Paracip	Khushi (FY BSc Nsg)	2:35 pm		PS
22/11/22	Tab Practomol	Vendangi (SY BSc Nsg)	1:35 pm		PS
24/11/22	T. Pan 40	Ankita Jagtap (Neshwary)	1: pm		PS
28/11/22	T. Pan 40	Sangeeta (BCA dep)	09:45 am		PS
30/11/22	Tab PCM	Sueha (FY BSc Nsg)	11:30 am		PS
1/12/22	SPAJMONIL	Khushi Solkar	9:35 am	9:35 am	PS
2/12/22	Tang				
15/12/22	Tab Diclofene	Priyanka Chite BCA	12 N		PS
19/12/22	Tab PCM	Diksha Pawar BCA	10:30 am		PS
20/12/22	Tab. Pan. 40	Ashwini college student	2:20 pm		PS



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

Page No. _____
Date _____

DATE	PARTICULARS	NAME	TIME TAKEN	RECEIVED TIME	SIGN
21/12/22	Tab PCM	Valencia (FYBSc NSQ)	11:30am		VA
24/12/22	Clinical Thermometer	Mr. Ritesh R.M. dpl.	10:10am		Ritesh
6/1/23	Tab. Spasonil	ms. priya pal	12:00		Priya
16/5/23	Tab. Lolo	Ms. Piyanka	11:20am		Piyanka
5/6/23	hot-water bag	Sayali joil	10 am	10:30am	Sayali
6/6/23	Th. meter spec	bhushi solka	10:50am	-	Bhushi
10/6/23	Tab. PCM	Velangi M.	8:10AM	-	Thapin
16/6/23	Banded (1)	Fellari J.	3:30pm	-	J
19/6/23	Tab. Lolo Gto	Pradip shetty	5:30p	-	Pradip
21/6/23	Thermometer	Pradip Kadam Pradip Kadam	1:20	1:25	Pradip
21/6/23	Thermometer	Pradip Kadam Pradip Kadam	3:10	3:15	Pradip
8/7/23	Tab spasonil	Ms. Tanvi Morye	8:20a		Tanvi
8/7/23	Hot water bag	Ms. Srushti Ingale	9:30AM		Srushti
12/7/23	Tab. Cyclopam	Ms. Varshi Ka Solanki	12:45am		Varshi
30/7/23	Tab - Lolo	Mr. Fellari Jadh.	2pm	-	Fellari
20/8/23	Tab. Lolo	Mr. Fellari Jadh.	2pm	-	Fellari

(Signature)



Principal
Smt. Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road,
Matunga, Mumbai - 400 019.



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

S.NO	DATE	NAME OF THE COLLEGE	PARTICIPANTS	BENEFICIARIES
IN HOUSE STUDENTS				
1	17.03.23	1 ST YEAR B.BSc NSG	5 STUDENTS FROM -4 TH YEAR B.BSc NSG	49
2	15.3.23	2 ND YEAR B.BSc NSG	5 STUDENTS FROM -3 RD YEAR B.BSc NSG	36
3	13.2.23	3 RD YEAR B.BSc NSG	5 STUDENTS FROM -4 TH YEAR B.BSc NSG	39
4	21.10.22	4 TH YEAR B.BSc NSG	5 STUDENTS FROM -3 RD YEAR B.BSc NSG	35
5	23.12.22	1 ST YEAR ANM NSG	5 STUDENTS FROM -4 TH YEAR B.BSc NSG	40
6	5.1.23	2 ND YEAR ANM NSG	5 STUDENTS FROM -4 TH YEAR B.BSc NSG	40
SMES CAMPUS				
1	1.3.23	NUTRITION DEPT	5 STUDENTS FROM -3 RD YEAR B.BSc NSG	41
2	2.3.23	BEAUTY CULTURE	5 STUDENTS FROM -3 RD YEAR B.BSc NSG	12
3	4.3.23	TEXTILE DEPT	5 STUDENTS FROM -3 RD YEAR B.BSc NSG	10
4	9.3.23	APPLIED ART	5 STUDENTS FROM -3 RD YEAR B.BSc NSG	19



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Institute of Nursing & Paramedical Sciences

5	13.3.23	F.Y .BCOM	5 STUDENTS FROM -3 RD YEAR B.BSc NSG	53
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REPORT ON HEALTH CARD PREPARATION

Date and Day: 09.03.2023 onwards

Venue: MMP Shah College, BMN College of Home Sciences, Matunga-19

Beneficiaries:

FLYER OF THE PROGRAM

SEVA MANDAL EDUCATION SOCIETY'S
SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING &
PARAMEDICAL SCIENCES

ORGANIZES HEALTH CARD PREPARATION

BENEFICIARIES
BMN COLLEGE OF HOME SCIENCE
KAMLABEN GAMBHIRCHAND
SHAH LAW SCHOOL
MMP SHAH COLLEGE

VENUE: SMES,
Smt. Sunanda
Pravin
Gambhirchand
College of
Nursing- FON
lab

PROGRAM COORDINATOR
Ms. NESWARI FERNANDO

Ms. SHILPA SHETTIGAR
Principal
Ms. DELPHINA GURAV
Vice-Principal

The Seva Mandal Education Society's Smt.Sunanda Pravin Gambhirchand College of Nursing organised a health related activities starting with health card preparation



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and general checkup conducted at 8th Floor, SMES –FON Lab, Matunga for all the students in the campus from on 09.03.2023 according to their convenient date and time.

PROCEEDINGS OF THE EVENT



INTRODUCTION

Introduction about the nurse led clinic , importance and its benefits are well explained to every one in the campus in advance. by Ms. Neswari Fernando- Lecturer SMES SSPG College of Nursing

Counters were arranged separately for registration, history collection, medical

checkup. Date and time of health checkup are according to their convenient.

HEALTH CHECK-UP:

According to the convenient of the colleges and their lecture hours, students are called for the health checkup which includes health card preparation including demographic data, present complaints, past medical and surgical illness, checking their body weight and vital parameters etc. Nursing care for minor ailments and referral services to Lions Tarachand papa hospital. Participated by 3rd year basic B.Sc. Nursing Students with the guidance of Ms. Neswari Fernando- Lecturer. SMES SSPG College of Nursing





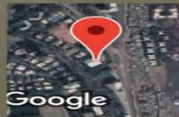
**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**



Mumbai, Maharashtra, India
338, Rafi Ahmed Kidwai Rd, Matunga East,
Mumbai, Maharashtra 400019, India
Lat 19.028217°
Long 72.859882°
09/03/23 01:07 PM GMT +05:30



Mumbai, Maharashtra, India
338, Rafi Ahmed Kidwai Rd, Matunga East, Mumbai,
Maharashtra 400019, India
Lat 19.028217°
Long 72.859882°
09/03/23 01:06 PM GMT +05:30



Mumbai, Maharashtra, India
338, Rafi Ahmed Kidwai Rd, Matunga East,
Mumbai, Maharashtra 400019, India
Lat 19.028157°
Long 72.859819°
04/03/23 12:49 PM GMT +05:30



Sunanda Pravin Gambhirchand
Principal
Smt. Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road,
Matunga, Mumbai - 400 019.



**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

Standard Operating Procedure

Standard Operating Procedure for Fever

Aim:

The main goal is to relieve discomfort and promote rest. Treating a fever neither shortens nor particularly prolongs the course of an illness.

Objectives:

- To maintain normal body temperature.
- To Maintain fluid and electrolyte balance
- To promote rest
- To maintain normal vital parameters.

Procedure

- Early identification by history collection
- Identify the probable etiology of fever depending upon duration and type of fever
- Check vital signs i.e. Temperature, pulse rate, Respiratory rate, Blood pressure
- Ask for the associated health issues
- Perform Physical assessment

- Provide plenty of fluids to drink to stay hydrated
- Provide Tepid sponging
- Administer antipyretics
Eg: Paracetamol
- Provide rest and observation
- Referral if needed
- Observation and follow-up



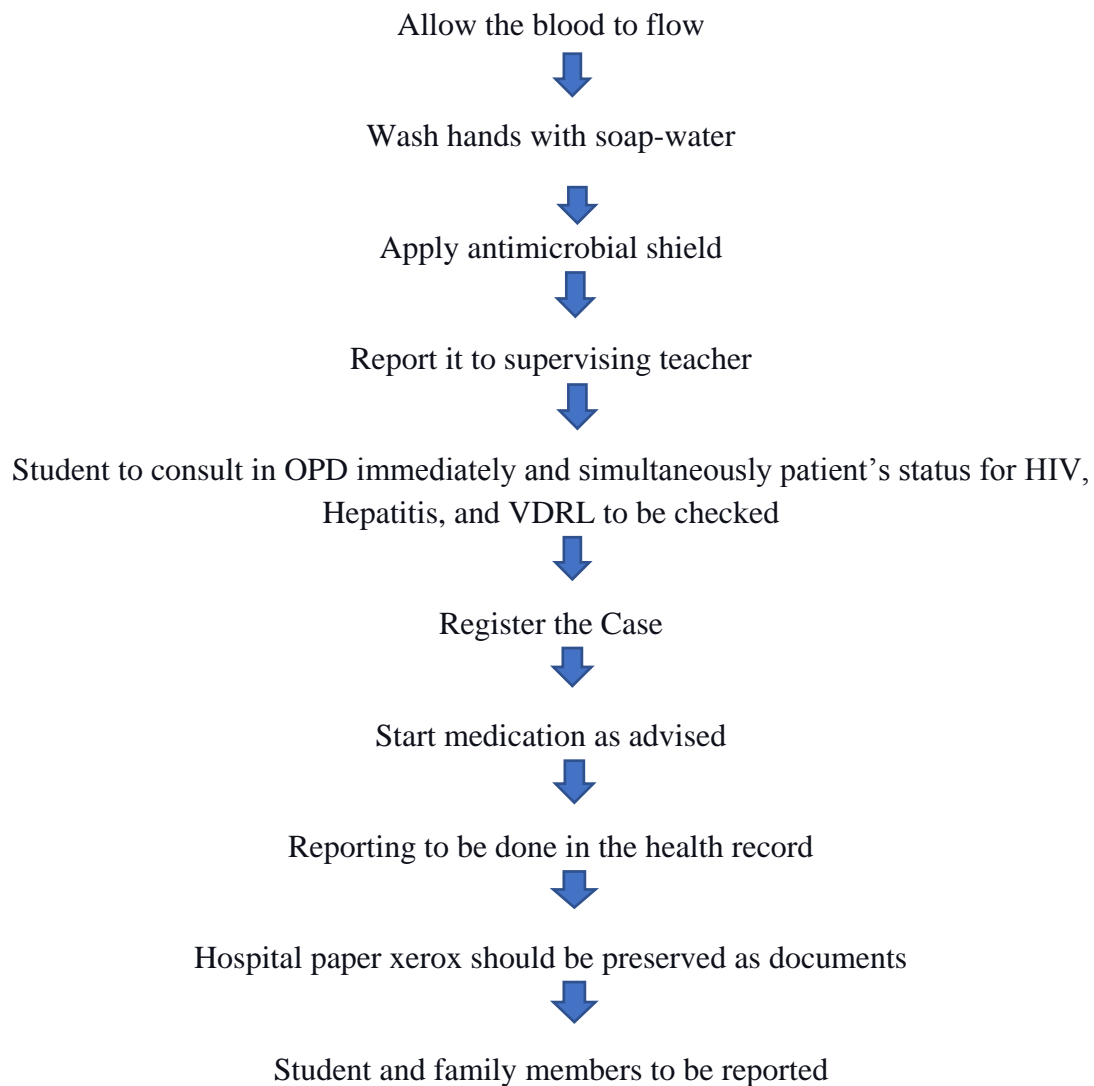
**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

Needle stick injury protocol.

1. Students are taught about the proper use of personal protective devices.
2. Clinical area has lot of scope for injuries while handling emergencies.

In case any student exposes to needle stick injury, following steps are followed.

Needle Stick Injury Protocol





**Seva Mandal Education Society's
Smt. Sunanda Pravin Gambhirchand
Institute of Nursing & Paramedical Sciences**

Standard Operating Procedure for Diarrhea

Aim:

The main goal is to relieve discomfort and promote rest. Treating a diarrhea neither shortens nor particularly prolongs the course of an illness.

Objectives:

- To stop diarrhea
- To Maintain fluid and electrolyte balance
- To Resume normal elimination pattern

Procedure

- Early identification by history collection regarding color, frequency and consistency of diarrhea.
- assess fluid and electrolyte status
- assess the degree of dehydration
- Check vital signs i.e. Temperature, pulse rate, Respiratory rate, Blood pressure
- Perform Physical assessment
- Provide ORS solution to maintain fluid and electrolyte balance
- Provide plenty of fluids to drink to stay hydrated.
- Administer antidiarrheal drugs
Eg: Immodium,
- lie down to avoid stressing out
- observation
- Advice to have Carbohydrate-rich foods are fiber-based edibles. Adding a bit of salt can help, avoiding fatty foods since there's a chance they may not be digested properly.
- Referral if needed



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Standard Operating Procedure for Vomiting

Aim:

The main goal is to relieve discomfort and promote rest. Treating vomiting neither shortens nor particularly prolongs the course of an illness.

Objectives:

- to stop vomiting
- to maintain fluid and electrolyte balance
- to resume normal physical and mental status.

Procedure

- Early identification by history collection regarding the amount, color, frequency of Vomiting,
- Assess the amount, color, frequency of Vomiting
- Assess the degree of dehydration
- Check vital signs i.e. Temperature, pulse rate, Respiratory rate, Blood pressure
- Provide plenty of fluids to drink to stay hydrated.
- Perform Physical assessment
- Provide ORS solution to maintain fluid and electrolyte balance
- Administer antiemetic drug
Eg: Domestol, Emeset etc
- observation
- Advice to eat light, bland foods (such as saltine crackers or plain bread). Avoid fried, greasy, or sweet foods. Eat slowly and eat smaller, more frequent meals



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Standard Operating Procedure for Abdominal pain

Aim:

The main goal is to relieve discomfort and promote rest. Treating abdominal pain neither shortens nor particularly prolongs the course of an illness.

Objectives:

- To relieve Abdominal pain
- To maintain fluid and electrolyte balance
- To resume normal physical and mental status.

Procedure

- Early identification by history collection Assess the amount, color, frequency of Vomiting
- Assess the level of abdominal pain, area of pain and type of pain.
- Check vital signs i.e. Temperature, pulse rate, Respiratory rate, Blood pressure
- Provide plenty of fluids to drink to stay hydrated.
- Perform Physical assessment
- Administer analgesics and antispasmodic drug
Eg. Meftal spas, Tramadol
- Referral if needed
- Observation and follow-up



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Standard Operating Procedure for Injury

Aim:

The main goal is to relieve discomfort and promote rest and treating injury neither shortens nor particularly prolongs the course of an illness.

Objectives:

- To relieve pain
- To treat injury
- To resume normal physical movement.
- To prevent infection

Procedure

- Early identification by history collection
- Assess the range of motion.
- Assess the level area and type of injury and pain.
- Check vital signs i.e. Temperature, pulse rate, Respiratory rate, Blood pressure
- Perform Physical assessment
- Clean the area and apply dressing.
- Administer Inj.T.T
- Administer analgesics and anti-inflammatory drug
E.g. Tramadol, Tab.Enzoflam.
- Referral if needed
- Observation and follow-up



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**BEST PRACTICE II: "ASSET: Advance Strategies for Skill Empowerment
through Training**

First Aid lecture Training





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Career counseling Training





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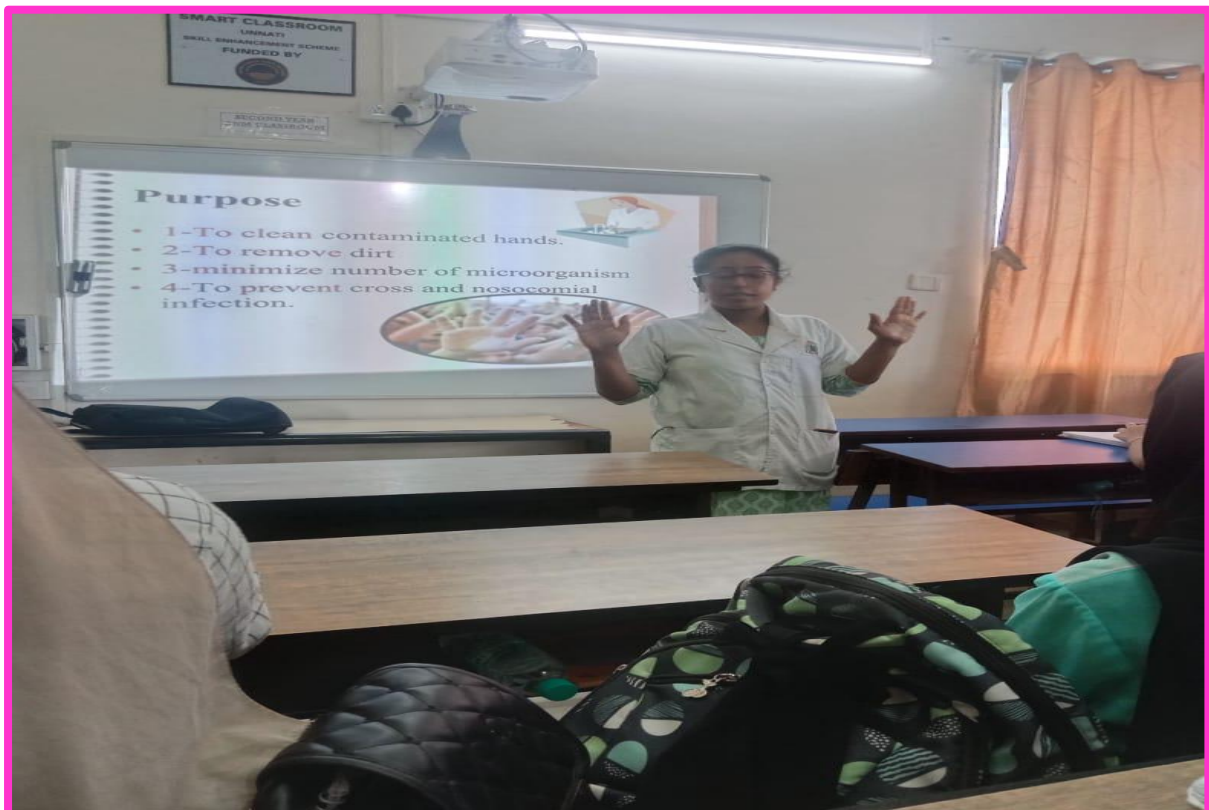
Skill Courses Training





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Oncology course for staff nurses and our students

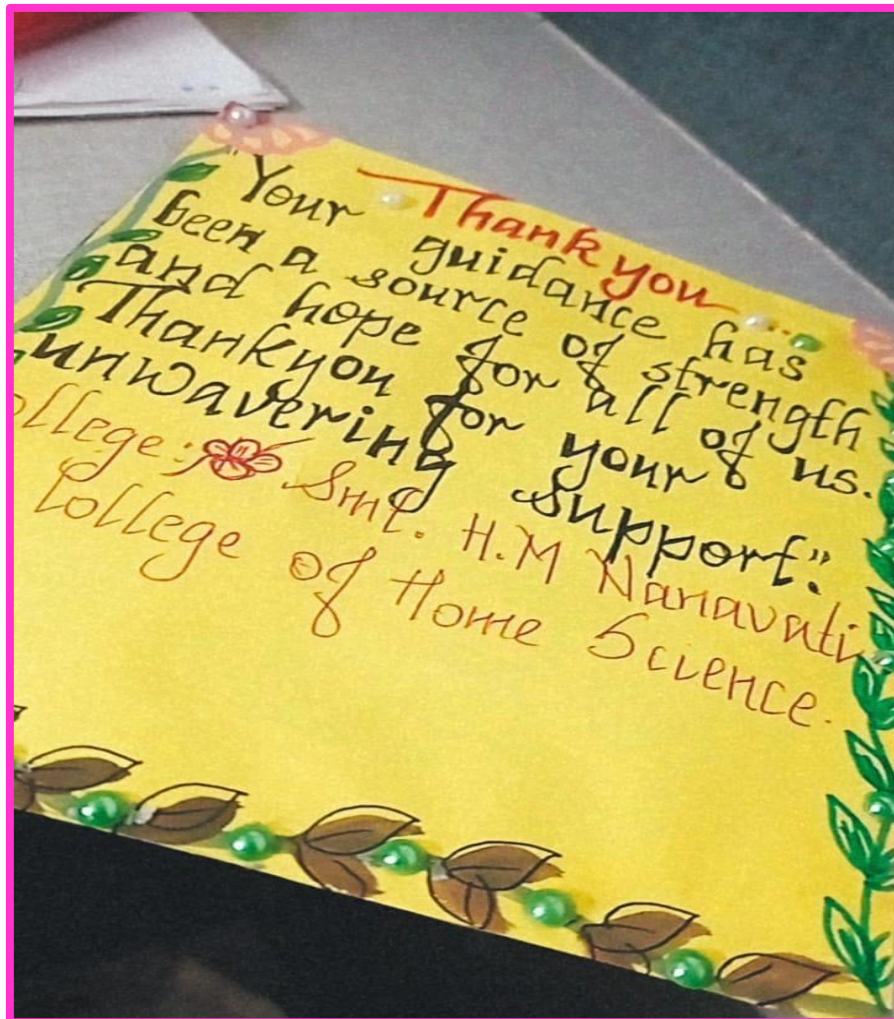




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Appreciation and feedback of Training

Appreciation for career guidance





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Certificate distribution of skill courses Training





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Appreciation for conducting First Aid Lectures

The screenshot shows a Yahoo! Mail interface. The email header includes the sender's name 'Sony Thadani' and email address '<sonythadani@youngconcepts.net>'. The subject of the email is 'First Aid PPT Dr...'. The main body of the email contains the following text:

Dear Respected Swati Ma'am,

Further to our telecom, thank you very much for your time on phone and for considering our request for **invite to speak at an Institute to create much needed (but often ignored) awareness among students about FIRST AID, its importance.**

Objective of the program:
Program has been a specially designed for students to equip them with **practical knowledge on Basics of First Response and First Aid.** Often understanding situation, assessing the risk, taking a quick decision requires appropriate skills and confidence to implement those skills.

The right side of the screenshot shows a preview of a presentation slide titled 'Head Injury - Wa'. The slide content includes:

- Assess the situation carefully, recognize the nature of
- Among other vital symptoms look for fo
- Becomes very sleepy
- Behaves abnormally
- Develops a severe headache or stiff n
- Has pupils (the dark central part of th
- Is unable to move an arm or leg
- Loses consciousness, even briefly
- Vomit more than once

Symptoms of head injury may develop
Do notify parents even in case of minor head injuries s

PRECAUTIONS while deali

- DO NO
- Wash a head wound that is de
- Remove any object sticking ou
- Move the person unless absol



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**Seva Mandal Education Society's
Smt. Kamalaben Gambhirchand Shah
Law School**

(Affiliated to SNDT Women's University)
(Recognized by Bar Council of India)

Wednesday, 14th September 2022

To,

Mrs. Delphina Gurav,
Vice Principal,
Smt. Sunanda Pravin Gambhirchand College of Nursing,
Matunga

Subject: Thanking Letter

Respected Ma'am,

We would like to express our sincere gratitude to you for sharing your knowledge and expertise in our Session on **'Menstruation: Right of Every Girl Child'** organized by Internal Quality Assurance Cell of Smt. Kamalaben Gambhirchand Shah Law School.

It has been a fruitful session for our students and they have been enlightened on respective subject. We hope to hold similar sessions in the future as well. Thank you for your gracious presence at our institute.

Thanking you.

Yours Faithfully



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School health programs Training





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Maternal health programs Training





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Prevention and management of high risk disease Training





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Geriatric health programs Training

